

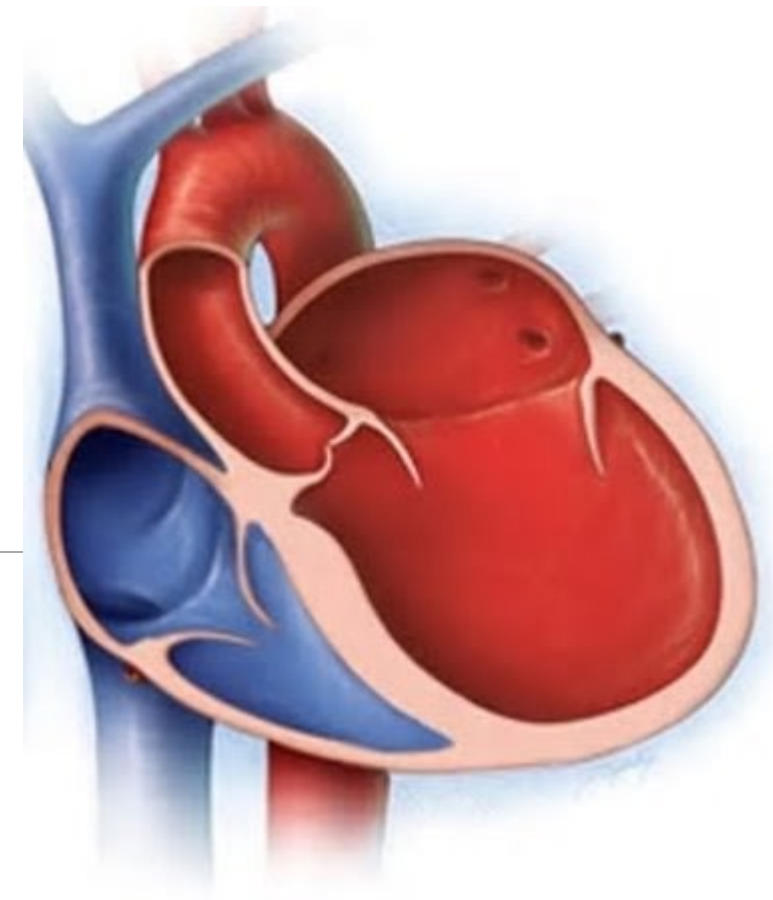


# The role of Fibroblast Growth Factor 21 in Heart Failure

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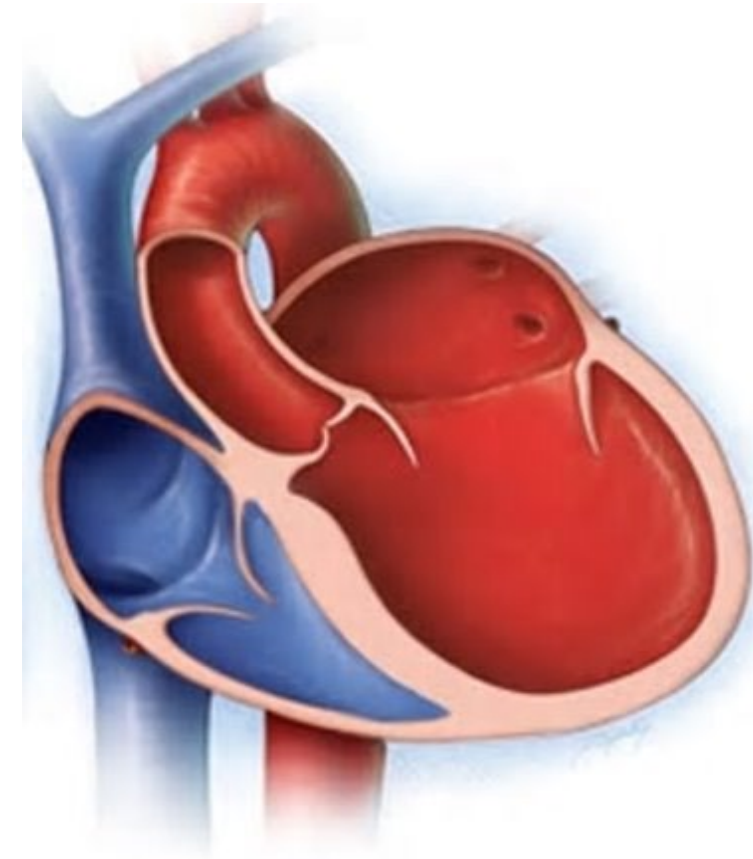


Google Images: [mayoclinic.org](https://www.mayoclinic.org) (Dilated Cardiomyopathy)

# Heart Failure (HF) is one of the leading causes of mortality worldwide<sup>1</sup>

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- In 2017, 9.4% deaths in the U.S attributed to HF
- A syndrome characterized by the heart's inability to supply enough blood to the body
- In Dilated cardiomyopathy (DCM), the heart muscle begins to dilate, reducing muscle contractions
- Disease progression exhibits increased cell death and oxidative stress induction

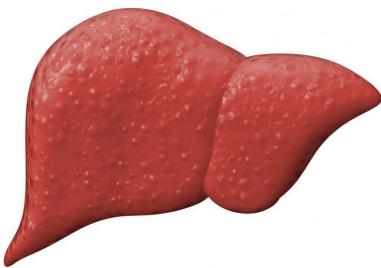


Google Images: [mayoclinic.org](https://www.mayoclinic.org) (Dilated Cardiomyopathy)

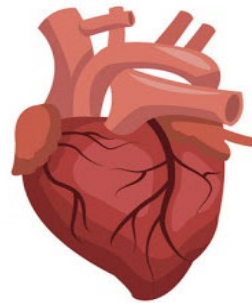
# Fibroblast Growth Factor 21 (FGF21) is secreted in response to oxidative stress in the body

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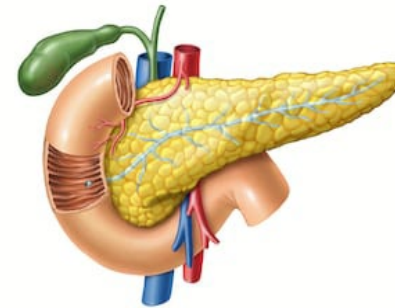
- A metabolic regulator that is produced in response to mitochondrial or oxidative stress in the body, which occurs a lot in DCM<sup>1</sup>
- Activation requires  $\beta$ -Klotho (*KLB*) and FGFR1
- Known production sites include:



Google Images: [mayoclinic.org](https://www.mayoclinic.org) (liver)



Google Images: [mayoclinic.org](https://www.mayoclinic.org) (Heart)



Google Images: [mayoclinic.org](https://www.mayoclinic.org) (Pancreas)

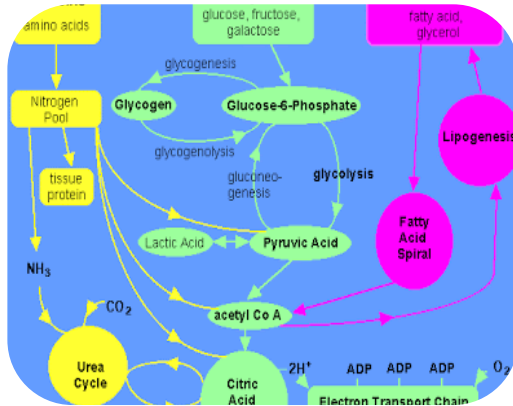


Google Images: [mayoclinic.org](https://www.mayoclinic.org) (Adipose tissue)

<sup>1</sup>Ahuja Preeti. *Circulation* . Vol. 127. 2013. pp. 1957-67.

# FGF21 has multiple roles in the body but varies depending on the disease being studied

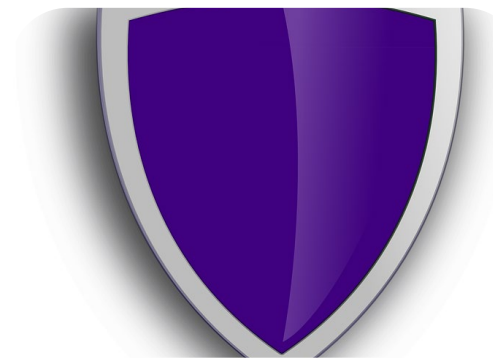
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Metabolism



Homeostasis



Cardioprotective  
effect



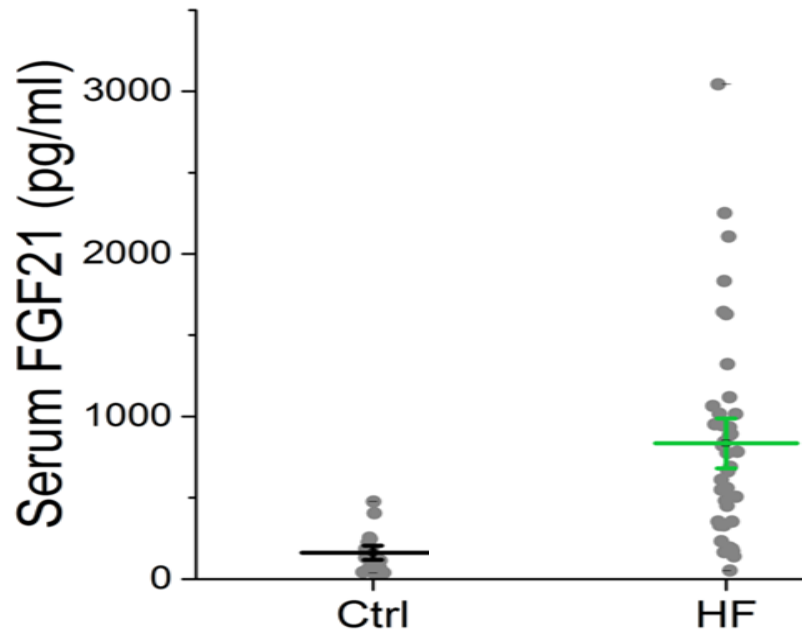
Biomarker for  
mitochondrial  
myopathies<sup>1</sup>

<sup>1</sup><https://n.neurology.org/content/87/22/2290>

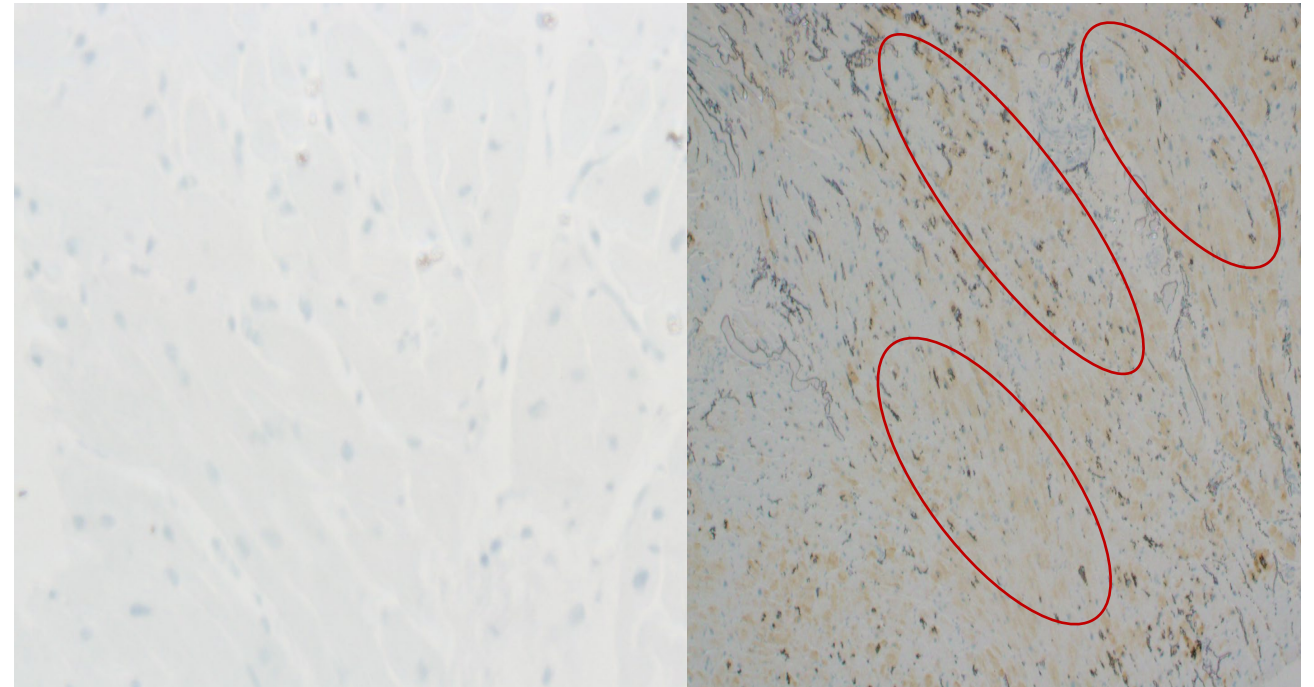
# Previous lab results showed high levels of FGF21 in HF patients

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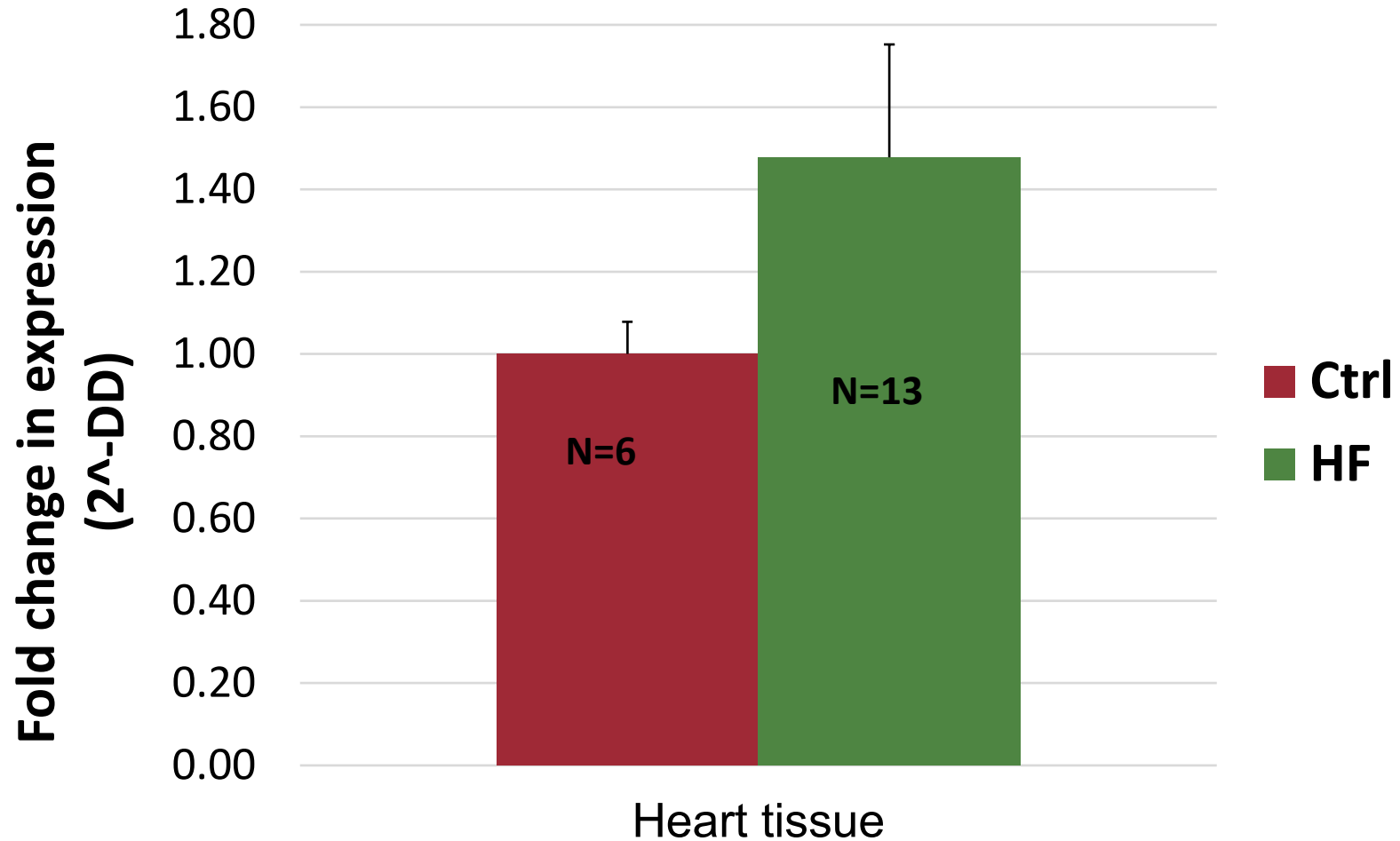
Serum FGF21 in HF patients vs. donors



Immunohistochemistry data (Donors-left, HF patients-right)



# Upregulation of FGF21 gene expression was seen in HF patients



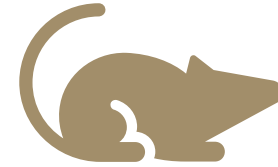
# Is FGF21 being produced in other organs in response to cardiac stress?

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## Question

Where is FGF21 being produced during HF?  
What is it targeting?



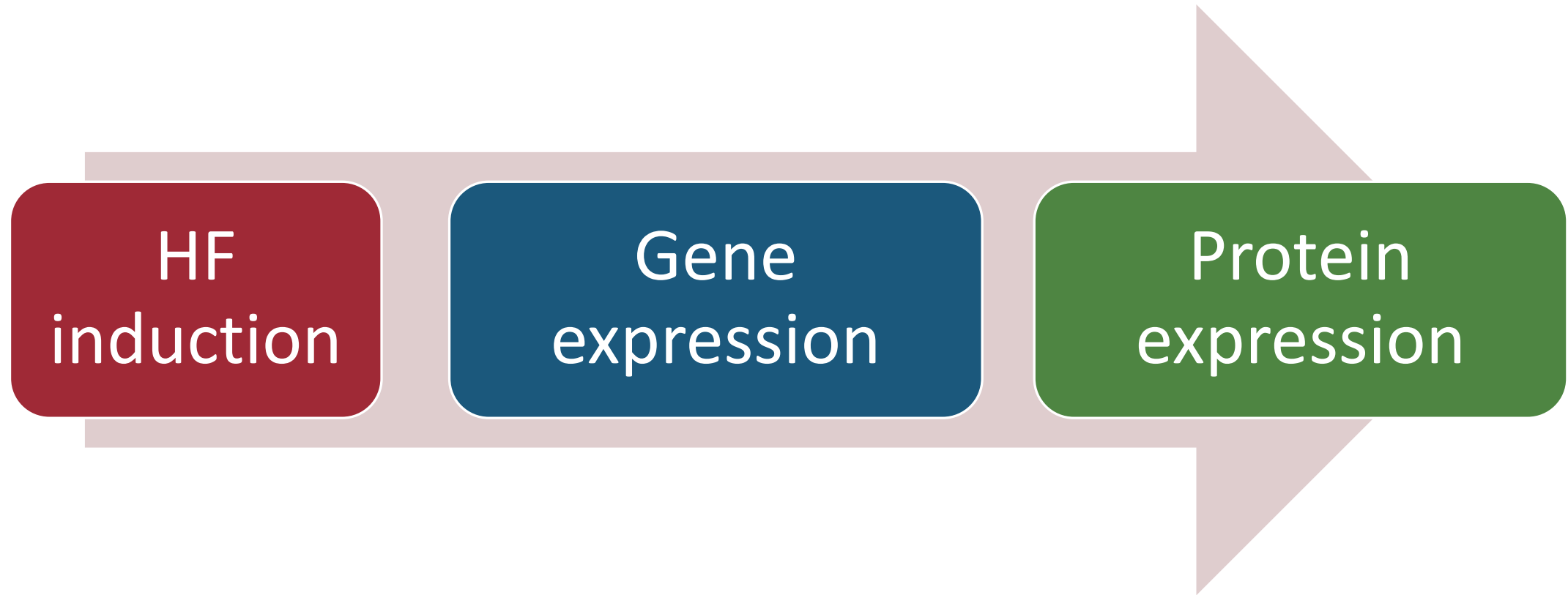
## Hypothesis

When cardiomyocytes experience oxidative stress, it leads to the production of FGF21 by other organs



To test our hypothesis, we induced HF in four mice and examined the gene and protein expression

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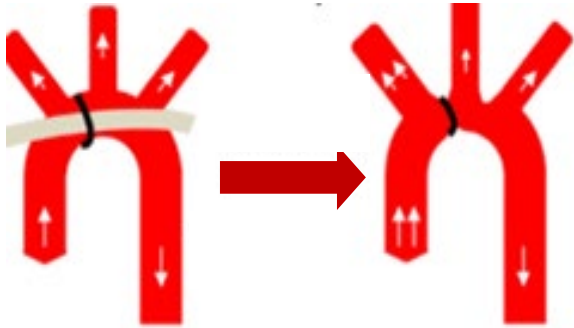




# HF was induced in four mice via open heart surgery

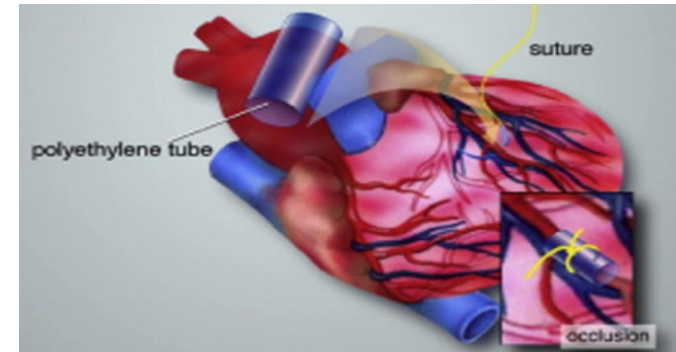
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## Transverse Aortic Constriction (TAC)

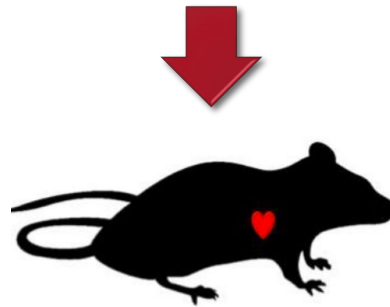


Google Images: [scintica.com](https://www.scintica.com) (Transverse aortic constriction)

## Coronary Artery Ligation



Google Images: [sciencedirect.com](https://www.sciencedirect.com) (Coronary artery ligation)



Google Images: [laboratoryequipment.com](https://www.laboratoryequipment.com) (mice)

# FGF21 gene expression in mice was examined via quantitative PCR (qPCR)

Tissue  
Homogenization



Google Images: [benchmarkscientific.com](https://www.benchmarkscientific.com) (beads)

RNA  
Isolation



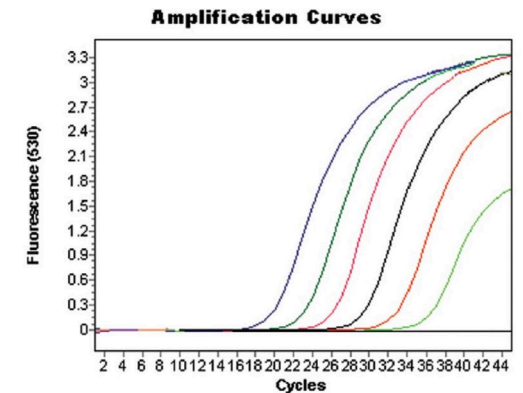
Google Images: [bioscience.co.uk](https://www.bioscience.co.uk) (RNA isolation)

qPCR



Google Images: [biorad.com](https://www.biorad.com) (PCR machine)

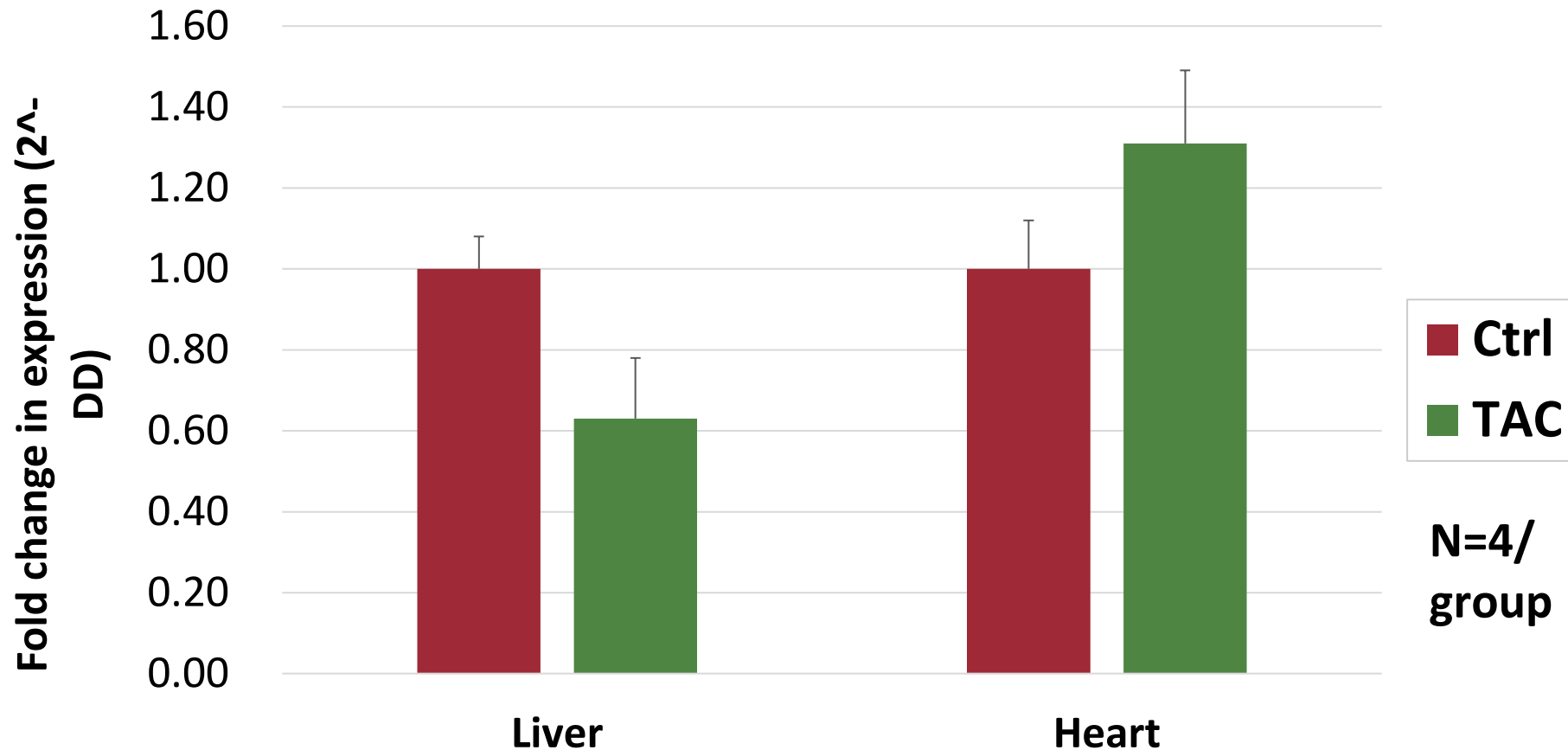
Analysis



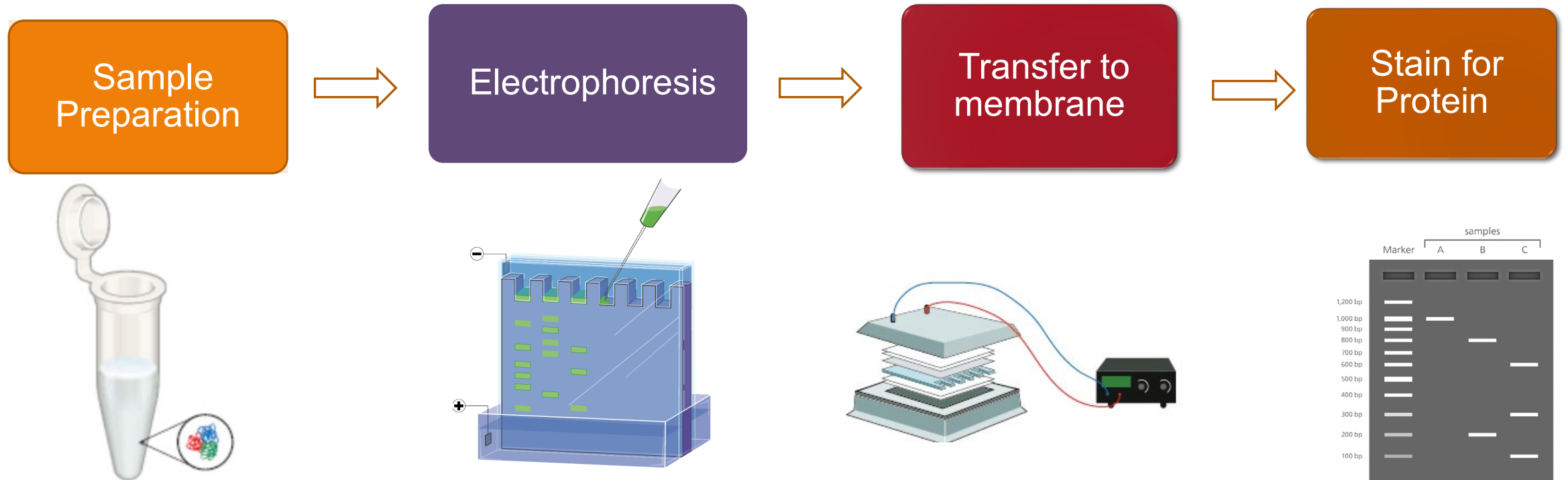
Google Images: [jgid.org](https://www.jgid.org) (qPCR)

# The FGF21 upregulations in TAC mice confirms the heart is an FGF21-target site

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# FGF21 protein expression was examined in mice via Western Blot (WB)



Google Images: [biorad-antibodies.com](http://biorad-antibodies.com) (western blot)

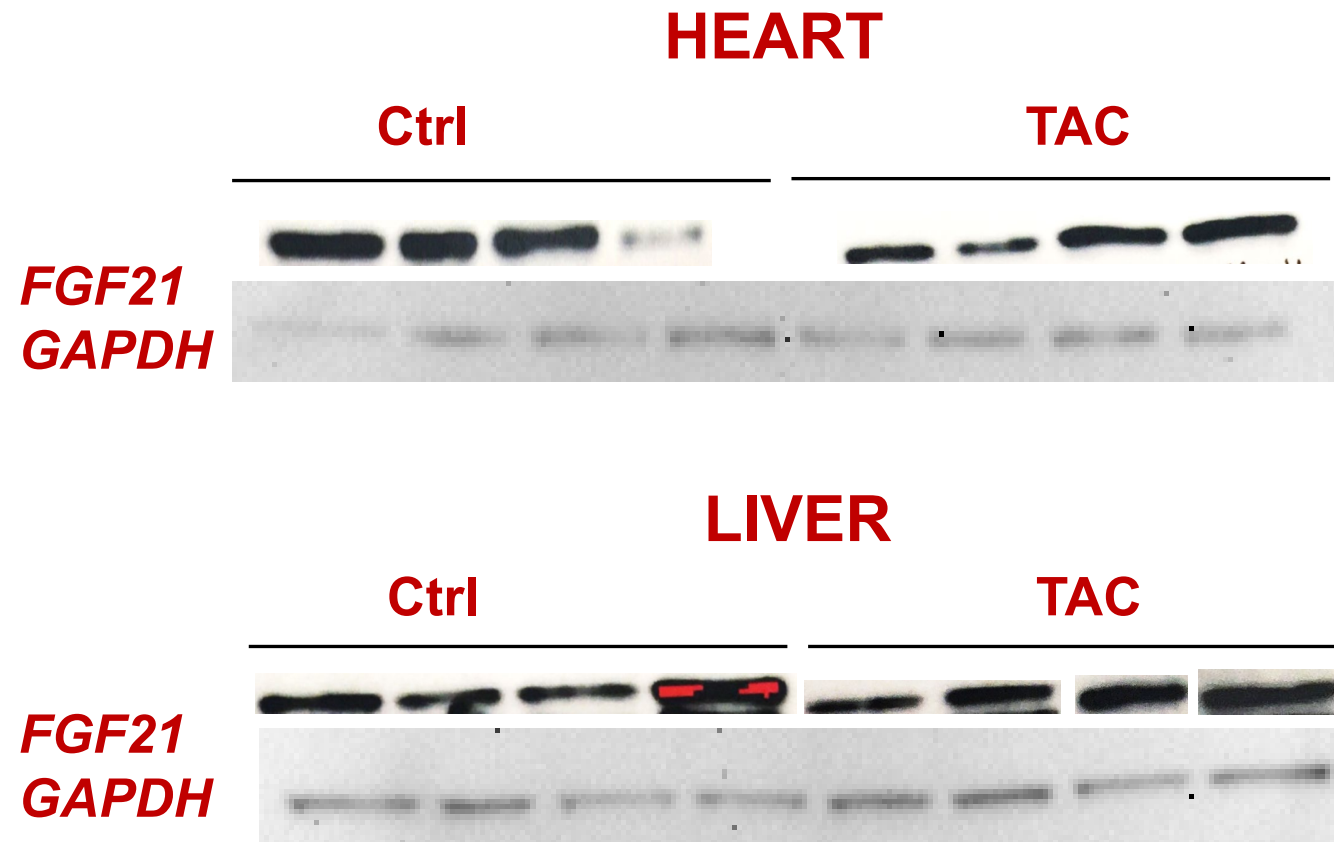
Google Images: [smart.servier.com](http://smart.servier.com) (Electrophoresis)

Google Images: [angel.co](http://angel.co) (western blot)

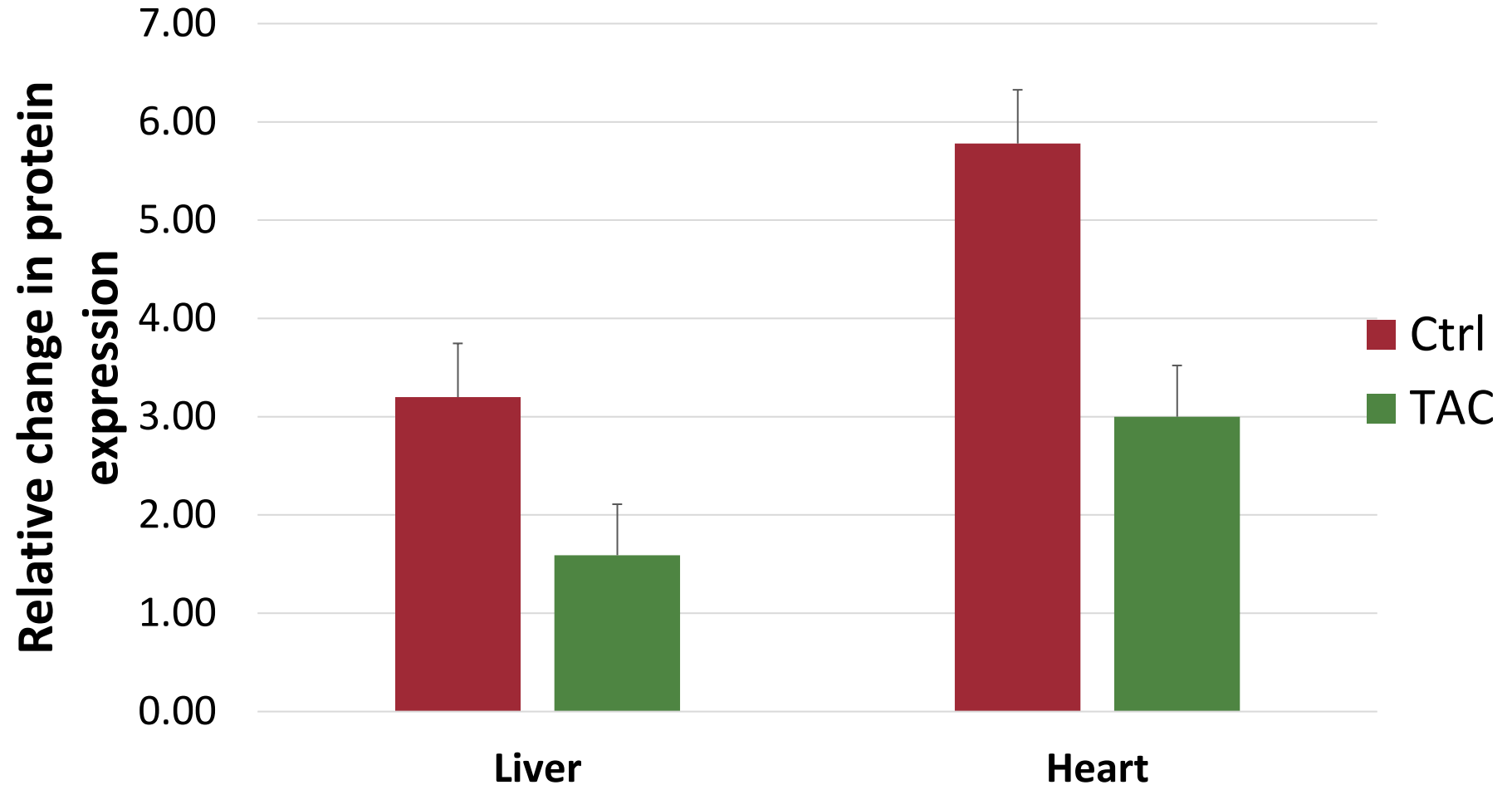
Google Images: [yourgenome.org](http://yourgenome.org) (western blot)

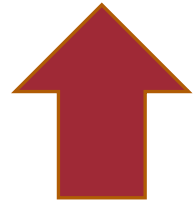
Qualitative WB data shows the presence of FGF21 in the heart and liver during HF

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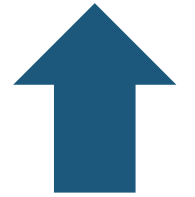
Downregulation of FGF21 protein expression was seen the TAC heart and liver tissues





**Serum, FGF21 protein (IHC)**

- Show presence of FGF21 during HF



**Cardiac FGF21 in humans and mice (qPCR)**

- The heart is being targeted by FGF21 during HF



**Low increase in cardiac FGF21 expression**

- The heart is not an FGF21-production site



**Hepatic FGF21 expression**

- The liver is not an FGF21-production site



**Hepatic & Cardiac KLB & FGFR1**

- KLB mediates FGF21-FGFR interaction



## Limitations

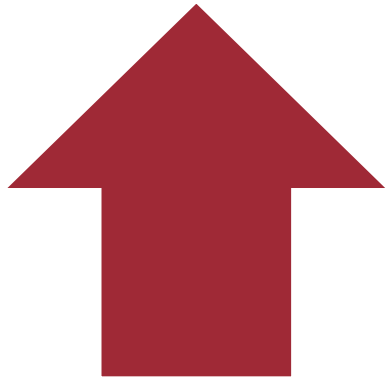
- TAC is not a good model of ischemic HF
  - The gradual disease progression in patients isn't reflected by the acute increase in LV afterload<sup>1</sup>
- Small sample size

## Future plans

- Induce HF using a ascending aortic constriction procedure<sup>1</sup>
- The variability seen in the current study allows for a power analysis
- Re-examine FGF21 gene expressions

# Understanding the production site of FGF21 in DCM has multiple advantages

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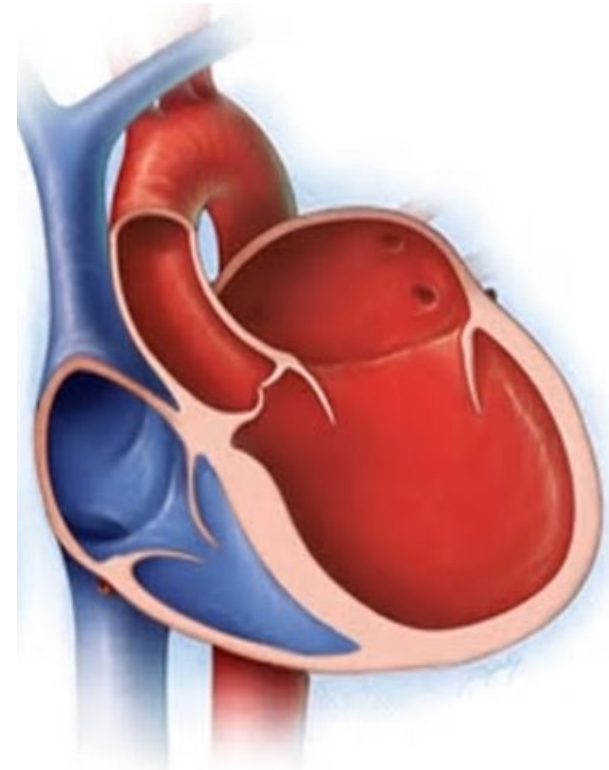
## Clinical settings

- FGF21 as a metabolic stress biomarker for HF



## Targeted therapy

- To prevent cardiac cell death during disease progression



Google Images: [mayoclinic.org](https://www.mayoclinic.org) (Dilated Cardiomyopathy)