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## Honors Integrated Minor in Health:

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### *Utah Track* **OVERVIEW**

Honors Integrated Minors provide a structured pathway to completing your Honors Degree, built around a common theme and shared with a cohort of your peers. Students from all majors may earn the academic minor by taking six required courses in the humanities, social sciences, arts, and natural sciences over several consecutive semesters. The Honors Integrated Minor offers unique field work and service opportunities connected to coursework. Students who complete the Minor will complete the majority of their Honors Degree requirements.

The Honors Integrated Minor in Health focuses on the important topic of health and illness, and how these manifest across place, population and time. There is an urgent need in our society for individuals who have multidisciplinary training on health, and who can think critically about how health is intimately connected to other domains (e.g., business, environment, politics, history, sociology). The training and experience offered through the Honors Integrated Minor in Health will prepare students to make unique professional contributions in multiple areas. For students pursuing a career in medicine, public health or the allied health professions, they will be equipped with a more humanistic perspective on health and health care. For students pursuing career paths outside of the health field, they will be able to engage with issues of health in their discipline and/or professional area, and will bring critical and systems-based thinking to their broader work.

The Honors Integrated Minor includes two distinct tracks: Ghana (including a 6-week summer experience at Ensign College) and Utah.

### **LEARNING OBJECTIVES**

The broad goal of the Honors Integrated Minor in Health is to develop interdisciplinary, systems-level thinking around issues of population health in order to understand and address health outcomes and achieve greater health equity and healthy societies. Students will take courses in the humanities, social sciences and natural sciences to develop a deep and nuanced understanding of the historical, social and environmental ecology of health and illness over place and time. Students who complete the minor will be able to:

- 1) Apply historical texts to analyze cultural concepts and values related to health, illness and wellness and society.
- 2) Use data to describe health disparities, both locally and globally.
- 3) Explain how health outcomes are influenced by both proximate and distal determinants across the social ecological framework.
- 4) Propose interdisciplinary solutions for addressing health disparities.

5) Exhibit interpersonal communication skills that demonstrate respect for other perspectives and cultures.

6) Engage in honest and authentic self-reflective communication around issues of health disparities.

## **CURRICULUM FOR THE UTAH TRACK**

*Curriculum overview for students admitted in Fall 2022.*

<b>Fall 2022</b>				
HONOR 2455	<b>Social Determinants of Health</b>	Dr. Watt	Elective	DV
HONOR 2114	<b>IT: History of Medicine</b>	Dr. Borst	IT	HF

<b>Spring 2023</b>				
HONOR 3280	<b>Ecology and Evolution of Human Disease</b>	TBD	Science	SF
HONOR 2211	<b>Writing: Health focus</b>	Dr. Borst	Writing	WR2

<b>Fall 2023</b>				
HONOR TBD	<b>IT: Health, Land and Traditions</b>	Greg Smoak	IT	
<i>Elective</i>	(See approved list)			