



Honors Integrated Minor in Health:

Utah Track

OVERVIEW

An Honors Integrated Minor is an opportunity for first- and second-year Honors students to complete their Honors coursework in a coordinated fashion around a common theme and with a cohort of peers. Students earn the academic minor by taking six required courses over three semesters.

The Honors Integrated Minor in Health undertakes the important topic of health and illness, and how these manifest across place, population and time. There is an urgent need in our society for individuals who have multidisciplinary training on health, and who can think critically about how health is intimately connected to other domains (e.g., business, environment, politics, history, sociology). The training and experience offered through the Honors Integrated Minor in Health will prepare students to make unique professional contributions in multiple areas. For students pursuing a career in medicine, public health or the allied health professions, they will be equipped with a more humanistic perspective on health and health care. For students pursuing career paths outside of the health field, they will be able to engage with issues of health in their discipline and/or professional area, and will bring critical and systems-based thinking to their broader work.

The Honors Integrated minor includes two distinct tracks: Ghana (including a 6-week experience at Ensign College) and Utah.

LEARNING OBJECTIVES

The broad goal of the Honors Integrated Minor in Health is to develop interdisciplinary, systems-level thinking around issues of population health in order to understand and address health outcomes and achieve greater health equity and healthy societies. Students will take courses in the humanities, social sciences and natural sciences to develop a deep and nuanced understanding of the historical, social and environmental ecology of health and illness over place and time. Students who complete the minor will be able to:

- 1) Apply historical texts to analyze cultural concepts and values related to health, illness and wellness and society.
- 2) Use data to describe health disparities, both locally and globally.
- 3) Explain how health outcomes are influenced by both proximate and distal determinants across the social ecological framework.
- 4) Propose interdisciplinary solutions for addressing health disparities.
- 5) Exhibit interpersonal communication skills that demonstrate respect for other perspectives and cultures.
- 6) Engage in honest and authentic self-reflective communication around issues of health disparities.

CURRICULUM

Fall 2021				
HONOR 2455	Social Determinants of Health	Dr. Watt	Elective	DV
HONOR 2820	IT: History of Medicine	Dr. Kubarycz	IT	HF

Spring 2022				
HONOR 3280	Disease Ecology and Evolution (online)	Dr. de Wit	Science	SF
HONOR 2211	Writing: Health focus	Dr. Borst	Writing	WR2

Fall 2022				
HONOR TBD	IT: Health, Land and Traditions	TBD	IT	
<i>Elective</i>	(See approved list)			